

Zn²⁺ stimulates spontaneous transmitter release at mouse neuromuscular junctions

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- 1 Experiments were carried out to examine the effect of Zn²⁺ on the rate of spontaneous release of transmitter at the neuromuscular junction of the mouse diaphragm muscle, in the presence and absence of external Ca²⁺. Miniature endplate potentials (m.e.p.ps) were measured *in vitro*.
- 2 Zn²⁺ markedly elevated the frequency of m.e.p.ps without affecting the resting membrane potential of muscle fibres. This effect was time- and concentration-dependent but was independent of the presence of external Ca²⁺. In a Ca²⁺-free bathing solution, Zn²⁺ frequently produced twitching in several fibres. The twitching dislodged the microelectrode. Replacement of the 10 mM NaCl in the Ca²⁺-free solution with equimolar KCl overcame this difficulty. The experiments summarized below were done in the Ca²⁺-free bathing solution which contained 10 mM KCl instead of 10 mM NaCl.
- 3 The effect of Zn²⁺ was transient and required a latent period of many minutes. Low temperature (24°C) increased the length of this latent period and reduced the maximum effect of Zn²⁺.
- 4 Zn²⁺ increased the frequency of m.e.p.ps in K⁺-free (replaced with NaCl) solution. The effect appeared with shorter latency in this solution compared to the standard Krebs-Ringer solution.
- 5 The effect of Zn²⁺ was partially antagonized by dantrolene sodium or by neomycin. Both agents also reduced the effect of external Ca²⁺ on m.e.p.ps in depolarizing solution.
- 6 Cd²⁺ and 2,3-bisphosphoglycerate also elevated the frequency of m.e.p.ps in a manner independent of external Ca²⁺, but the latter compound was much less potent than Cd²⁺.
- 7 These experiments provide evidence for a role of intracellularly stored Ca²⁺ in the release of transmitter at the motor nerve terminal. The release of Ca²⁺ from the storage site may be coupled with the metabolism of phosphatidylinositol.

Introduction

Zn²⁺ has an epileptogenic effect in rats when injected intracerebroventricularly (Donaldson *et al.*, 1971). In the neurones of the guinea-pig olfactory cortex, Zn²⁺ dramatically prolongs excitatory postsynaptic potentials, possibly via some presynaptic action of Zn²⁺ (Smart & Constanti, 1983). It has been suggested that such a hypothetical presynaptic effect may contribute to the epileptogenic effect of intracerebroventricular Zn²⁺. This cation decreases transmitter release depending on extracellular Ca²⁺ at the neuromuscular junctions of amphibian (Benoit & Mambrini, 1970) and chick (Lin-Shiau & Fu, 1980) preparations, and this inhibition is due to competition with Ca²⁺ at the motor nerve terminal (Nishimura, unpublished data).

It has been shown that Zn²⁺ is a potent inhibitor of inositol 1,4,5-triphosphate (Ins1,4,5P₃) 5-phosphatase, as are also Cd²⁺, Ag²⁺ and 2,3-bisphos-

phoglycerate (Storey *et al.*, 1984). This enzyme dephosphorylates Ins1,4,5P₃ to generate free inositol (Storey *et al.*, 1984). Thus, inhibition of this enzyme allows the accumulation of Ins1,4,5P₃ inside the cell. When Ins1,4,5P₃ diffuses into the cytosol Ca²⁺ is released from the endoplasmic reticulum (Berridge, 1984; Berridge & Irvine, 1984). The increase in intracellular Ca²⁺ induces cellular functions such as muscle contraction (Vergara *et al.*, 1985). If this sequence of events occurs when Zn²⁺ is present at the motor nerve terminals, then Zn²⁺ should stimulate the release of transmitter. The present experiments were undertaken to test this possibility and revealed a dramatic, stimulatory effect of Zn²⁺ on the rate of spontaneous release of transmitter, in a manner which was insensitive to external Ca²⁺.

Methods

Experiments were performed on preparations of isolated, left hemidiaphragm from male *ddy* mice of 11 to 20 weeks old. The preparation was pinned to a silicone resin lining on the bottom of a plastic chamber of about 30 ml capacity, and was soaked in Krebs-Ringer solution. The solution was constantly recirculated by means of an 'oxygen lift' system. The Krebs-Ringer solution was of the following composition (mM): NaCl 136, KCl 5, CaCl₂ 2, MgCl₂ 1, NaHCO₃ 15, glucose 11. The Ca²⁺-deficient solution was prepared without addition of EDTA (ethylenediaminetetraacetic acid). The K⁺-free solution was prepared by replacing 5 mM KCl in the standard Krebs-Ringer solution with equimolar NaCl. All solutions were bubbled with a mixture of 95% O₂ and 5% CO₂ and maintained at pH 7.3 and 36°C except where otherwise stated. The temperature of the solution in the bath was monitored by a thermistor (Shibaura Electric Co., Model MGA-II) and held constant by means of an external water jacket and a thermoregulatory device (Taiyo, Thermominder Mini 80) during each experiment, at temperatures of 24 and 36°C. To depolarize the presynaptic endings (Liley, 1956), the preparation was equilibrated in Krebs-Ringer solution in which 10 mM NaCl was replaced by equimolar KCl (10 mM K⁺). The preparation was equilibrated in the 10 mM K⁺ solution for at least 30 min before addition of any agent.

Drugs used: zinc chloride, cadmium chloride (from Wako), 2,3-bisphosphoglycerate (BPG) (from Sigma), dantrolene sodium (DaNa) (donated by Yamanouchi Pharmaceutical Co., Tokyo) and neomycin sulphate (from Wako). All other chemicals were of analytical grade.

Intracellular recordings were made with glass microelectrodes, filled with 3M KCl, of 6 to 8 MΩ resistance. The electrode was inserted into fibres near endplate regions. The signals were led through a high-impedance, unity-gain preamplifier (Nihon Kohden, MEZ-8201), displayed on an oscilloscope (Nihon Kohden, VC-10) and stored on magnetic tape (Nihon Kohden, RMG-5204).

Recorded miniature endplate potentials (m.e.p.ps) were played back via an analogue to digital converter into a microcomputer (Nihon Kohden, DAB-1100) which was used to calculate the mean amplitude and frequency of m.e.p.ps of 0.1 mV or larger and of 1 ms or less rise times at each endplate, and to plot amplitude and frequency distribution histograms via an X-Y recorder (Nihon Kohden, WX4411). M.e.p.ps were recorded for successive periods of 1 min after exposure to a given solution; from these data the mean frequency of m.e.p.ps (s⁻¹) was calculated. Student's *t* tests were used for statistical analysis and a probability of less than 0.05 was deemed statistically significant.

Results

Effect of Zn²⁺ on m.e.p.ps

Figure 1 represents examples of m.e.p.ps and histograms of amplitude for m.e.p.ps from a diaphragm preparation in a standard bathing solution with or without 50 μM Zn²⁺. M.e.p.ps markedly increased in number in the presence of 50 μM Zn²⁺. The increase was usually gradual and took in transitory bursts of high frequency at the maximal effect. In the presence of Zn²⁺, m.e.p.ps did not change their amplitude. M.e.p.ps were measured at an endplate of a diaphragm preparation in a standard solution which contained 100 μM Zn²⁺, over a period of 50 min. The prolonged exposure led to an increase in the frequency of m.e.p.ps (Figure 2). Similar exposure to the standard solution without Zn²⁺ maintained constant rates. The effect of Zn²⁺ required a latent period and occurred transiently. Both the latent period and the duration of the effect varied from fibre to fibre and ranged from 25 to 40 min, and from 15 to 30 min, respectively. Thus, in the presence of Zn²⁺, the maximal effect did not occur simultaneously at all junctions. The peak values were between 68 and 128 s⁻¹ in the presence of 100 μM Zn²⁺. A lower concentration of Zn²⁺ (50 μM) produced a similar but less pronounced effect on the frequency of m.e.p.ps. The resting membrane potential of the muscle in the endplate region (-75.2 ± 2.1 mV, mean \pm s.e.mean, *n* = 26 endplates of 8 muscles) in the standard solution was not altered by the presence of 100 μM Zn²⁺ (-73.8 ± 2.0 mV, *n* = 22 endplates of 5 muscles) or 50 μM Zn²⁺ (-74.4 ± 2.2 mV, *n* = 20 endplates of 3 muscles).

Effect of removal of Ca²⁺

Removal of Ca²⁺ from the normal solution decreased the membrane potential of the muscle in the endplate region from 75.0 ± 2.1 mV (*n* = 22 endplates of 4 muscles in the standard solution) to 70.8 ± 2.1 mV (*n* = 28 endplates of 4 muscles in Ca²⁺-free solution). Removal of Ca²⁺ reduced the frequency of m.e.p.ps from 3.62 ± 0.23 s⁻¹ (*n* = 22 endplates of 4 muscles) to 2.06 ± 0.20 s⁻¹ (*n* = 28 endplates of 4 muscles). In the Ca²⁺-free solution, recording of m.e.p.ps was possible only intermittently when Zn²⁺ was added, because twitching occurred in several fibres immediately after the addition of Zn²⁺ and this dislodged the glass electrode. When recording was possible, the stimulatory effect of Zn²⁺ was observed with rather short latent periods compared to the effect observed in the standard solution. To overcome this difficulty, 10 mM NaCl in the Ca²⁺-free solution was replaced with 10 mM KCl to give a Ca²⁺-free, 10 mM K⁺ bathing solution. This solution gave a mean resting potential of 53.2 ± 0.7 mV and a mean frequency of

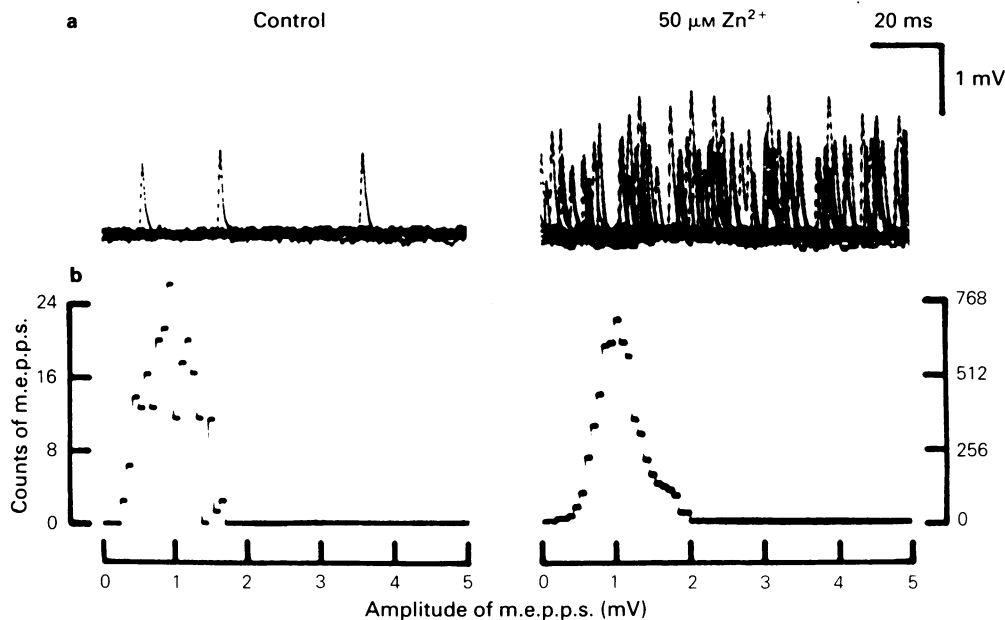


Figure 1 Examples of m.e.p.ps (a) and histograms of amplitude for m.e.p.ps (b) from a diaphragm muscle of a mouse. All the measurements were recorded from the same fibre. (a) Control m.e.p.ps were recorded 60 min after soaking in a standard Krebs-Ringer solution (superimposed tracing of 10 sweeps); and (right) 40 min after exposure to $50 \mu\text{M Zn}^{2+}$ in the standard bathing solution (superimposed tracing of 10 sweeps). (b) (left) Control histogram showing a distribution of 178 counts of m.e.p.ps during 1 min (60 min after soaking in the standard bathing solution); (right) histogram showing a distribution of 4757 counts of m.e.p.ps during 1 min (40 min after soaking in the $50 \mu\text{M Zn}^{2+}$ -bathing solution). Resting membrane potentials were between -72 to -75 mV. Zn^{2+} markedly increase the number of m.e.p.ps without altering their amplitude.

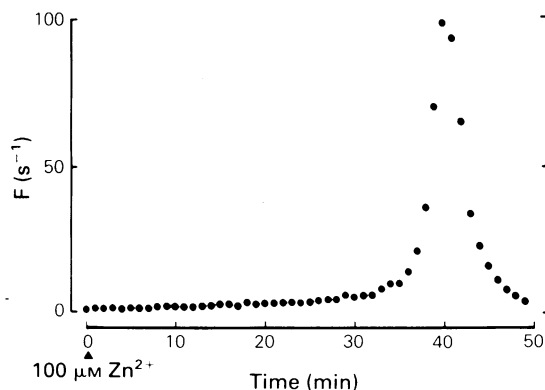


Figure 2 Time course of an effect of $100 \mu\text{M Zn}^{2+}$ on the frequency of m.e.p.ps (F, s^{-1}) at a mouse neuromuscular junction in Krebs-Ringer solution at 36°C . Ordinate scale m.e.p.p. frequency; abscissa scale, time in min after addition of Zn^{2+} . The frequency-elevating effect is transient.

m.e.p.ps of $1.86 \pm 0.07 \text{ s}^{-1}$ ($n = 226$ endplates of 56 muscles). The increase in the concentration of KCl suppressed the twitching caused by Zn^{2+} . Thus, the subsequent experiments, described below, were performed in this Ca^{2+} -free, 10 mM K^+ bathing solution.

The presynaptic effect of Zn^{2+} occurred transiently with variable latent periods, as was seen in the standard solution. At most junctions, the latent period for the effect of Zn^{2+} was shortened in the Ca^{2+} -free, depolarizing solution; the latent period was 10 to 15 min in the presence of $100 \mu\text{M Zn}^{2+}$. The effect of Zn^{2+} was detectable over a concentration range from 10 to $100 \mu\text{M}$. The latent periods for the effect increased with a decrease in the concentration of Zn^{2+} . The maximal effect was dependent on the concentration of Zn^{2+} .

Effect of temperature

A mean frequency of m.e.p.ps in the Ca^{2+} -free, 10 mM K^+ bathing solution at 36°C was $1.86 \pm 0.07 \text{ s}^{-1}$ ($n = 226$ endplates of 56 muscles). At 24°C , the mean frequency fell to $0.42 \pm 0.16 \text{ s}^{-1}$.

($n = 39$ endplates of 6 muscles). Zn²⁺ (50 μ M) was still able to increase the frequency of m.e.p.ps at 24°C (Figure 3). However, the low temperature lengthened the latent period and also increased the duration of the effect of Zn²⁺. The peak value of the frequency of m.e.p.ps in the presence of 50 μ M Zn²⁺ decreased significantly from 46.3 ± 3.57 s⁻¹ ($n = 8$ muscles, 36°C) to 18.8 ± 4.2 s⁻¹ ($n = 6$ muscles, 24°C).

Blockade of transmitter release

The stimulatory effect of Zn²⁺ declined with the passage of time as mentioned above. During the decline in the effect of Zn²⁺, 2 mM Ca²⁺ was added to the Ca²⁺-free, 10 mM K⁺ bathing solution which contained 50 μ M Zn²⁺. The addition of Ca²⁺ did not elevate the frequency of m.e.p.ps. In a second series of experiments, a stimulatory effect of 2 mM Ca²⁺, when added to the Ca²⁺-free, 10 mM K⁺ bathing solution which contained 50 μ M Zn²⁺ was observed with reduced potency within 10 min after the addition of Zn²⁺. Thus, the decline of the effect of Zn²⁺ with time indicates a blockade of transmitter release or of a significant reduction in the pool of available vesicles.

Effects of chemical agents or procedures

Some preparations were rinsed several times for about 30 min in K⁺-free solution. Then 50 to 100 μ M Zn²⁺ was given to them. K⁺-free solution alone slightly elevated mean frequency of m.e.p.ps (4.8 ± 0.44 s⁻¹, $n = 26$ endplates of 6 muscles). In this solution, Zn²⁺ markedly elevated the frequency of m.e.p.ps with rather shorter period of latency than in the standard Krebs-Ringer solution (Figure 4). The effect of 50 μ M Zn²⁺ on the frequency of m.e.p.ps was examined in the presence of 20 μ M dantrolene sodium (DaNa) or

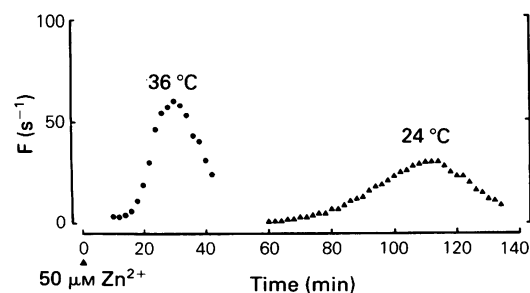


Figure 3 Effect of 50 μ M Zn²⁺ on m.e.p.p. frequency in Ca²⁺-free, 10 mM K⁺ bathing solution at 24°C compared to that at 36°C. Ordinate scale, m.e.p.p. frequency (F, s⁻¹); abscissa scale, time in min after addition of Zn²⁺, early recordings of the frequency of m.e.p.ps are omitted in the case of the low temperature.

200 μ M neomycin. Figure 5 summarizes the results. Both agents were able to depress the effect of 0.5 mM Ca²⁺ on the frequency of m.e.p.ps in the solution which contained 10 mM K⁺, whereas they did not affect the frequency of m.e.p.ps in the Ca²⁺-free, depolarizing solution. The treatment with these agents partially inhibited the effect of 50 μ M Zn²⁺.

Effects of other agonists

Cd²⁺ and 2,3-bisphosphoglycerate (BPG) were examined for their effect on the frequency of m.e.p.ps in the Ca²⁺-free, 10 mM K⁺ bathing solution. Both agents were able to raise the frequency of m.e.p.ps in this solution. Their effects required latent periods. The effect of Cd²⁺ was transient. However, no decline of the effect of BPG was observed during the observation period (within 60 min). Cd²⁺ were able to reproduce the effect of Zn²⁺ at similar concentrations (Figure 6). The effect of BPG was much less potent than those of Zn²⁺ and Cd²⁺. The frequency of m.e.p.ps was 6.66 ± 0.43 s⁻¹ ($n = 20$ endplates of 5 muscles) when measured from 50 to 60 min after the addition of 100 μ M BPG. Higher concentrations of BPG (> 200 μ M) decreased the amplitude of m.e.p.ps frequently making it impossible to measure them.

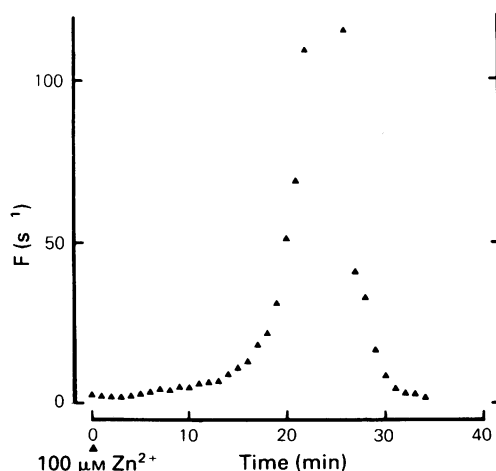


Figure 4 Effect of 100 μ M Zn²⁺ on the frequency of m.e.p.ps at a mouse neuromuscular junction in K⁺-free Krebs-Ringer solution. A preparation was pre-soaked for about 30 min in K⁺-free bathing solution and washed with this solution, then 100 μ M Zn²⁺ was added. Ordinate scale, frequency of m.e.p.p. (F, s⁻¹); abscissa scale, time in min after addition of 100 μ M Zn²⁺. The results shown are typical of three similar observations.

Discussion

The present experiments indicate that Zn^{2+} elevates the frequency of m.e.p.ps at the mouse neuromuscular junction. Factors controlling the frequency of m.e.p.ps are presynaptic in nature (del Castillo & Katz, 1954). The frequency of m.e.p.ps is equivalent to the rate of spontaneous quantal release of transmitter (Katz, 1966). Thus, Zn^{2+} must raise the rate of spontaneous release of transmitter by acting at a presynaptic site. The effect of Zn^{2+} did not depend upon the presence of external Ca^{2+} . According to the 'calcium hypothesis' (Katz & Miledi, 1965), the release of transmitter is mediated by Ca^{2+} inside the nerve ending (Katz & Miledi, 1965; Rahamimoff & Yaari, 1973). Ca^{2+} utilized for the release of transmitter can be supplied from intracellular storage sites (Blaustein *et al.*, 1980; Brinley, 1980). The concentration of free Ca^{2+} inside the nerve terminal is very low in a resting state. Thus, the presynaptic effect of Zn^{2+} is probably mediated by increased levels of Ca^{2+} in the nerve terminal, which must be supplied from an intracellular store of Ca^{2+} . This hypothesis is supported by the results of experiments presented here, in which the effect of Zn^{2+} was reduced to some extent in the

presence of DaNa. This antagonist has been shown to inhibit the release of Ca^{2+} from intracellular storage (Desmedt & Hainaut, 1977) and also to reduce the release of transmitter stimulated by caffeine and theophylline from the motor nerve terminal (Statham & Duncan, 1976). The present experiments also indicate that DaNa reduced the effect of external Ca^{2+} on the rate of spontaneous release of transmitter, from the nerve terminal equilibrated in depolarizing solution.

The stimulatory effect of Zn^{2+} may possibly contribute to its epileptogenic activity in the central nervous system when it is injected intracerebroventricularly in the rat (Donaldson *et al.*, 1971). It has been demonstrated that Zn^{2+} potentially inhibits Na^+ , K^+ -ATPase activity of rat brain microsomes *in vitro* and that low levels of activity of this enzyme can be measured locally in the rat brain treated intravenously with Zn^{2+} . The intracerebroventricular Zn^{2+} is epileptogenic, and ouabain, a specific inhibitor of Na^+ , K^+ -ATPase, is similarly epileptogenic. At the mouse neuromuscular junction, ouabain facilitates the rate of transmitter release in a Ca^{2+} -free, high K^+ solution (Nishimura, 1986). This effect of ouabain is much less potent than the effect of Zn^{2+} observed in the present study. The present experiments revealed no blocking effect of K^+ -free solution on the Zn^{2+} -induced increase in the rate of release of transmitter. Thus, although the inhibition of Na^+ , K^+ -ATPase may be an important factor, it may not be the only mechanism that can explain the cellular response. There is growing evidence that Zn^{2+} may act by stimulating an

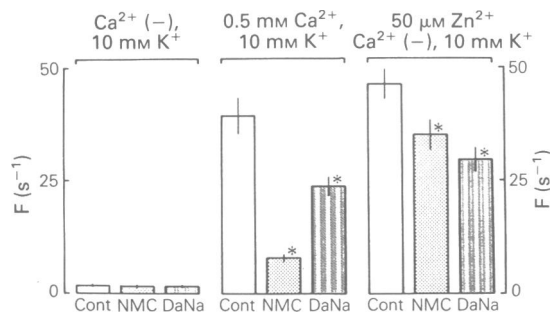


Figure 5 Effects of 0.5 mM Ca^{2+} and 50 μ M Zn^{2+} on the frequency of m.e.p.ps at the mouse neuromuscular junction in Ca^{2+} -free, 10 mM K^+ bathing solution with or without 200 μ M neomycin (NMC) or 20 μ M dantrolene sodium (DaNa). Ordinate scales m.e.p.p. frequency (F , s^{-1}). Vertical lines show s.e.mean of 12 to 16 experiments. Neomycin and DaNa were added 20 min before the addition of Ca^{2+} or Zn^{2+} . M.e.p.ps in a solution without added Ca^{2+} or Zn^{2+} were measured from 30 to 50 min after the addition of the antagonist. When 0.5 mM Ca^{2+} was added to the 10 mM K^+ bathing solution m.e.p.ps were measured from several endplates within 20 min, 5 min after the addition of Ca^{2+} . Frequency of m.e.p.ps in the presence of Zn^{2+} is plotted as the maximum value measured within 50 min after the addition of Zn^{2+} . Both neomycin and DaNa inhibited the effects of external Ca^{2+} and Zn^{2+} on the frequency of m.e.p.ps.

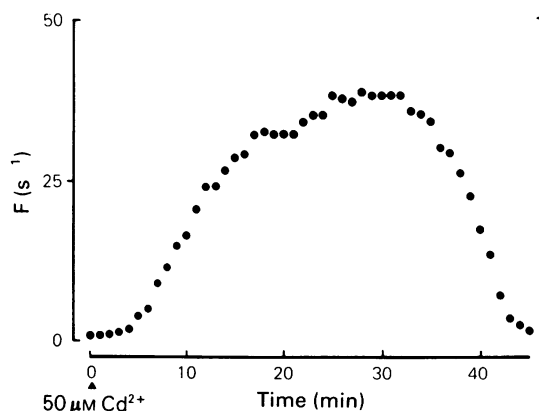


Figure 6 Time course of the effect of 50 μ M Cd^{2+} on the frequency of m.e.p.ps at a mouse neuromuscular junction in a Ca^{2+} -free, 10 mM K^+ bathing solution at 36°C. Ordinate scale, m.e.p.p. frequency (F , s^{-1}), abscissa scale, time in min after addition of Cd^{2+} . The effect of Cd^{2+} required a latent period and occurred transiently.

intracellular messenger system (Storey *et al.*, 1984; Vergara *et al.*, 1985).

There are some sites for storage of Ca²⁺ inside the cell (Blaustein *et al.*, 1980; Brinley, 1980). Those sites are predominantly in the endoplasmic reticulum and in the mitochondria. Various factors have been shown to liberate Ca²⁺ from these sites, thereby accelerating cellular functions mediated by Ca²⁺ (Berridge, 1986). In fact, the release of acetylcholine from frog (Crawford, 1975) and mouse (Nishimura *et al.*, 1984) neuromuscular junction and from rat brain synaptosomes (Adam-Vizi & Ligeti, 1984) can be accelerated by several agents in the absence of external Ca²⁺. The effects of these agents are considered to be due to increased levels of Ca²⁺ mobilized intracellularly. For example, the mitochondrion releases Ca²⁺ in the presence of FCCP (carbonylcyanide p-trifluoromethoxyphenyl hydrazone) which is highly toxic to this organelle (Blaustein *et al.*, 1980; Brinley, 1980). The released Ca²⁺ is effective in increasing the release of transmitter (Nishimura *et al.*, 1984). Zn²⁺ has been observed to promote the liberation of Ca²⁺ from the sarcoplasmic reticulum of skeletal muscle (Vergara *et al.*, 1985). If this effect of Zn²⁺ also occurs at the endoplasmic reticulum in the nerve terminal, the presynaptic effect of this cation, as presented here, is explainable. This hypothesis is supported by the evidence in these experiments that the effect of Zn²⁺ is mimicked by Cd²⁺ and BPG which have been shown to promote the release of Ca²⁺ from the endoplasmic reticulum (Streb *et al.*, 1983).

A mechanism has been proposed for the liberation of Ca²⁺ from the endoplasmic reticulum (Streb *et al.*, 1983; Vergara *et al.*, 1985; Berridge, 1986). Electrical activation releases inositol 1,4,5-triphosphate (Ins1,4,5P₃) (Vergara *et al.*, 1985) and Ins1,4,5P₃

mediates the release of Ca²⁺ from the endoplasmic reticulum as an intracellular messenger. Zn²⁺, Cd²⁺, Ag²⁺ and BPG have been reported to inhibit Ins1,4,5P₃ 5-phosphatase which catalyzes the dephosphorylation of Ins1,4,5P₃ (Storey *et al.*, 1984). Li⁺ inhibits Ins1,4,5P₃ breakdown and also increases m.e.p.p. frequency with a time course similar to the effect of Zn²⁺ (Carmody & Gage, 1973). Thus, Ins1,4,5P₃ may accumulate inside the nerve terminal in the presence of these agonists. Neomycin inhibits the production of Ins1,4,5P₃ by reducing hydrolysis of phosphatidyl inositol 4,5-bisphosphate as do neamine, spermine and poly-L-lysine (Schacht, 1976; Vergara *et al.*, 1985). Neomycin partially attenuated the effect of Zn²⁺ on transmitter release. However, it inhibited to some extent the effect of Ca²⁺ on the rate of spontaneous release of transmitter in a depolarizing solution. It has been postulated that neomycin has a Mg²⁺-like effect, competitively inhibiting the action of Ca²⁺ at the nerve terminal and, thus preventing the release of transmitter (Vital Brazil & Prado-Franceschi, 1969; Fiekers, 1983). External Ca²⁺ in the depolarizing solution must be transported into the nerve terminal across the cell membrane so that it can then act on a Ca²⁺-regulated process (Katz & Miledi, 1965; Rahamimoff & Yaari, 1973). Thus, the possibility that neomycin reduces the transmembranous movement of Zn²⁺ remains to be proven.

In summary, Zn²⁺ stimulates the rate of spontaneous release of transmitter from the motor nerve terminal by a release of Ca²⁺ stored intracellularly. Ins1,4,5P₃ may be involved in the mechanism of release of Ca²⁺.

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